

Daily Morning Prayer

The Fourth Sunday in Lent

Sunday, March 22, 2020

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *John 1:8, 9*

Confession of Sin

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Officiant

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Officiant and People together:

**Most merciful God,
we confess that we have sinned against
you in thought, word, and deed, by what
we have done, and by what we have left
undone.**

**We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly
repent. For the sake of your Son Jesus
Christ, have mercy on us and forgive
us; that we may delight in your will,
and walk in your ways, to the glory of
your Name. Amen.**

The Priest says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Invitatory and Psalter

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The Priest and People say the antiphon:

The Lord is full of compassion and mercy: Come, let us adore him.

Psalm 95:1-7 *Venite*

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Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The Priest and People say the antiphon:

The Lord is full of compassion and mercy: Come, let us adore him.

Psalm 66

Make a joyful noise to God, all the earth;
sing the glory of his name;
give to him glorious praise.

Say to God, 'How awesome are your deeds!
Because of your great power, your enemies cringe before you.
All the earth worships you;
they sing praises to you,
sing praises to your name.'

Come and see what God has done:
he is awesome in his deeds among mortals.

He turned the sea into dry land;
they passed through the river on foot.

There we rejoiced in him,
who rules by his might for ever,
whose eyes keep watch on the nations—
let the rebellious not exalt themselves.

Bless our God, O peoples,
let the sound of his praise be heard,
who has kept us among the living,
and has not let our feet slip.

For you, O God, have tested us;
you have tried us as silver is tried.

You brought us into the net;
you laid burdens on our backs;
you let people ride over our heads;
we went through fire and through water;
yet you have brought us out to a spacious place.

I will come into your house with burnt-offerings;
I will pay you my vows,
those that my lips uttered
and my mouth promised when I was in trouble.

I will offer to you burnt-offerings of fatlings,
with the smoke of the sacrifice of rams;
I will make an offering of bulls and goats.
Come and hear, all you who fear God,
and I will tell what he has done for me.
I cried aloud to him,
and he was extolled with my tongue.
If I had cherished iniquity in my heart,
the Lord would not have listened.
But truly God has listened;
he has given heed to the words of my prayer.
Blessed be God,
because he has not rejected my prayer
or removed his steadfast love from me.

Psalm 67

May God be gracious to us and bless us
and make his face to shine upon us,
that your way may be known upon earth,
your saving power among all nations.
Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and sing for joy,
for you judge the peoples with equity
and guide the nations upon earth.
Let the peoples praise you, O God;
let all the peoples praise you.

The earth has yielded its increase;
God, our God, has blessed us.
May God continue to bless us;
let all the ends of the earth revere him.

Together, all say the The Gloria Patri:

**Glory be to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end.
Amen.**

Readings

A period of silence will follow each reading.

First Reading

Genesis 48: 8-22

When Israel saw Joseph's sons, he said, 'Who are these?' Joseph said to his father, 'They are my sons, whom God has given me here.' And he said, 'Bring them to me, please, that I may bless them.' Now the eyes of Israel were dim with age, and he could not see well. So Joseph brought them near him; and he kissed them and embraced them. Israel said to Joseph, 'I did not expect to see your face; and here God has let me see your children also.' Then Joseph removed them from his father's knees, and he bowed himself with his face to the earth. Joseph took them both, Ephraim in his right hand towards Israel's left, and Manasseh in his left hand towards Israel's right, and brought them near him. But Israel stretched out his right hand and laid it on the head of Ephraim, who was the younger, and his left hand on the head of Manasseh, crossing his hands, for Manasseh was the firstborn. He blessed Joseph, and said,

'The God before whom my ancestors Abraham and Isaac walked,
the God who has been my shepherd all my life to this day,
the angel who has redeemed me from all harm, bless the boys;
and in them let my name be perpetuated, and the name of my ancestors Abraham
and Isaac;
and let them grow into a multitude on the earth.'

When Joseph saw that his father laid his right hand on the head of Ephraim, it displeased him; so he took his father's hand, to remove it from Ephraim's head to Manasseh's head. Joseph said to his father, 'Not so, my father! Since this one is the firstborn, put your right hand on his head.' But his father refused, and said, 'I know, my son, I know; he also shall become a people, and he also shall be great. Nevertheless, his younger brother shall be greater than he, and his offspring shall become a multitude of nations.' So he blessed them that day, saying,

'By you Israel will invoke blessings, saying,
"God make you like Ephraim and like Manasseh."'

So he put Ephraim ahead of Manasseh. Then Israel said to Joseph, 'I am about to die, but God will be with you and will bring you again to the land of your ancestors. I now give to you one portion more than to your brothers, the portion that I took from the hand of the Amorites with my sword and with my bow.'

Reader

The Word of the Lord.

People **Thanks be to God.**

Together all say:

Canticle 15

The Song of Mary Magnificat

My soul doth magnify the Lord, *
and my spirit hath rejoiced in God my Savior.

For he hath regarded *
the lowliness of his handmaiden.

For behold from henceforth *
all generations shall call me blessed.

For he that is mighty hath magnified me, *
and holy is his Name.

And his mercy is on them that fear him *
throughout all generations.

He hath showed strength with his arm; *
he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat, *
and hath exalted the humble and meek.

He hath filled the hungry with good things, *
and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel, *
as he promised to our forefathers, Abraham and his seed for ever.

Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be, world without end.

Second Reading

Romans 8: 11-25

If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, ‘Abba! Father!’ it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

Reader The Word of the Lord.

People **Thanks be to God.**

Together, all say:

Canticle Q

A Song of Christ’s Goodness

Jesus, as a mother, you gather your people to you; *
you are gentle with us as a mother with her children.

Often you weep over our sins and our pride, *
tenderly you draw us from hatred and judgement.

You comfort us in sorrow and bind up our wounds, *
in sickness you nurse us and with pure milk you feed us.

Jesus, by your dying, we are born to new life; *
by your anguish and labor we come forth in joy.

Despair turns to hope through your sweet goodness; *
through your gentleness, we find comfort in fear.

Your warmth gives life to the dead, *
your touch makes sinners righteous.

Lord Jesus, in your mercy, heal us; *
in your love and tenderness, remake us.

In your compassion, bring grace and forgiveness, *
for the beauty of heaven, may your love prepare us.

Together, all say the The Gloria Patri:

**Glory be to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end.
Amen.**

Gospel Reading

John 6:27- 40

Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’ Then they said to him, ‘What must we do to perform the works of God?’ Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’ So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.”’ Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’

Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. But I said to you that you have seen me and yet do not believe. Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; for I have come down from heaven, not to do my own will, but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day.’

Reader The Word of the Lord.
People **Thanks be to God.**

Homily

Together, all say the:
Apostles' Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of
the world to come. Amen.

Prayers

Officiant The Lord be with you.
People **And also with you.**
Officiant Let us pray.

Lord's Prayer

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Our Father, who art in heaven
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages

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Celebrant Show us your mercy, O Lord.
People **And grant us your salvation.**
Celebrant Clothe your ministers in righteousness.
People **Let your people sing with joy.**
Celebrant Give peace, O Lord, in all the world.
People **For only in you can we live in safety.**

Celebrant Lord, keep this nation under your care;
People **And guide us in the way of justice and truth.**
Celebrant Let your way be known upon earth;
People **Your saving health among all nations.**
Celebrant Let not the needy, O Lord, be forgotten;
People **Nor the hope of the poor be taken away.**
Celebrant Create in us clean hearts, O God;
People **And sustain us with your Holy Spirit.**

Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. Amen.

Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your in your sight, through Jesus Christ our Lord. Amen.

The Officiant then says

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior, Jesus Christ. **Amen.**

Officiant and People say together:

General Thanksgiving

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Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. **Amen.**

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Officiant Let us bless the Lord.
People **Thanks be to God.**

The Priest gives a final blessing:

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be among you, and remain with you always. **Amen.**